

Tooth Mousse – A Cream for Your Teeth!

Tooth Mousse can be thought of as basically tooth mineral in a tube. It is a cream for your teeth containing the minerals calcium and phosphate which make up the bulk of normal tooth structure. Scientists have been forever trying to develop such a product that would actually absorb into the tooth and replace its lost mineral rather than just being washed away after it is placed on the tooth's surface. The developers of tooth mousse have succeeded with their key ingredient, the peptide complex CPP-ACP (casein phosphopeptide – amorphous calcium phosphate), known as Recaldent, which has been shown in many scientific and clinical studies to remineralise damaged tooth structure by replacing lost calcium and phosphate. It is applied topically to teeth to provide extra protection for teeth and to help neutralize acid challenges from bacteria in plaque and other acid sources.



Tooth Mousse Plus is basically Tooth Mousse with fluoride added. Topically applied fluoride is known to strengthen the outer surfaces of the tooth onto which it is placed. However its potential oral health benefits as a topical treatment have been limited by the difficulties in delivering it in a way that allows it to be absorbed into the tooth rather than just remaining on the tooth's surface. By combining it with Recaldent, the effectiveness of the fluoride is improved by increasing the amount of fluoride that is available for the teeth to absorb. Fluoride ions in Tooth Mousse Plus are surrounded by the Recaldent, holding them in place so the fluoride can be delivered where and when the tooth needs it. In situ studies have shown that Tooth Mousse Plus penetrates more deeply and remineralises teeth to a greater extent when compared to either fluoride by itself or Tooth Mousse alone.



Tooth Mousse and Tooth Mousse Plus can therefore be recommended in many preventive situations to stop or reduce tooth structure loss as well as to repair tooth structure damage in its early stages. They are useful in patients who are prone to tooth structure breakdown such as those who have an acidic oral environment, suffer from dry mouth and are susceptible to dehydration from sporting activities and outdoor work. They can be used for prevention in those who have morning sickness during pregnancy, increased risk of decay due to medical conditions such as diabetes and low saliva flow due to prescription medications. They can be used to repair early tooth structure damage in those that have erosion or tooth wear, sensitive teeth and active decay in the mouth. They are also useful in those undertaking tooth whitening procedures to reduce the risk of sensitivity and those undertaking orthodontic treatment as it is harder to maintain good oral hygiene.

Ask your dentist at Central Brisbane Dental to see if you can benefit from Tooth Mousse or Tooth Mousse Plus.



Before



After

Early breakdown of enamel indicated by white spots have been remineralised by Tooth Mousse

Central Brisbane Dental

Suite 5, 289 Queen St, Brisbane QLD 4000 Ph: 07 3221 8816

EMAIL: enquire@centralbrisbanedental.com.au WEBSITE: www.centralbrisbanedental.com.au